

SHOULDER & ELBOW UPDATE 2008

November 14-16, 2008

Shoulder and Elbow Update

2008 is a three-day conference for physical therapists, occupational therapists, athletic trainers, and physicians interested in learning the latest concepts and research related to evaluation, treatment, and rehabilitation of shoulder and elbow disorders.

Registration and Hotel Information:

This course fills up quickly so early registration is strongly encouraged. Registrations received before October 17th will receive a discount. Of special note, registration for Shoulder and Elbow Update 2008 also includes all conference materials, continental breakfast each day, and two lunches.

Shoulder and Elbow Update 2008 will be held at the Hyatt Regency, Penn's Landing, 201 South Columbus Blvd., Philadelphia, PA 19106.

For hotel information contact the Hyatt Regency at (215) 928-1234 or go to www.hyatt.com. The Hyatt Regency is offering a special room rate of \$189.00/night plus tax for a single or double occupancy. This rate is available for a limited time and rooms fill up quickly.

Course Description:

Shoulder and Elbow Update 2008 is a three-day conference for physical therapists, occupational therapists, athletic trainers, and physicians interested in learning the latest evidence based concepts and research related to evaluation treatment and rehabilitation of shoulder and elbow disorders. This innovative and comprehensive program features an integrated format of lectures, panel discussions, case study presentations, and workshops. This course also features a special in-depth symposium on the latest advances in research and management of shoulder arthritis and proximal humerus fractures.

Course Objectives:

Upon completion of this course, participants will have gained a working knowledge of the evaluation and treatment of various shoulder and elbow disorders.

Participants will be able to:

- Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
- Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
- Develop hands-on evaluation and treatment skills.
- Gain an in-depth knowledge of the recent advances and current research in pathogenesis and management of shoulder arthritis and proximal humerus fractures.

Course Instructors:

Course participants will have ample time for discussion and interaction with the orthopaedic surgeons, physicians, therapists, and special guest faculty. Members of the faculty have published numerous peer reviewed articles, books, book chapters, and monographs relating to shoulder and elbow disorders. In addition, they are currently involved in research aimed at advancing the management of shoulder and elbow disorders. Members of this faculty have lectured on these topics locally, nationally, and internationally.

COURSE CHAIRMEN:

Gerald R. Williams, Jr., MD
*Rothman Institute
Orthopaedics*

Matthew L. Ramsey, MD
*Rothman Institute
Orthopaedics*

David L. Glaser, MD
Penn Orthopaedic Institute

Martin J. Kelley, PT, DPT, OCS
Good Shepherd Penn Partners

Brian G. Leggin, PT, DPT, OCS
Good Shepherd Penn Partners

Course Faculty:

Joseph Abboud, MD
3B Orthopaedics

John Basti, PT
*Physical Therapy
Rehabilitation
Associates and Columbia
University*

Timothy Bayruns, PT, DPT, OCS
Good Shepherd Penn Partners

Pedro K. Beredjilklian, MD
Penn Orthopaedic Institute

David Bozentka, MD
Penn Orthopaedic Institute

Brian Cammarota, Med, ATC, CSCS
Philadelphia Phillies

Will Clark, PT, MSc
Reading Sports Medicine

Phillip B. Donley, PT, MS, ATC
Chester County Sports Medicine

David Ebaugh, PhD, PT, OCS
Drexel University

Brian Eckenrode, MSPT, OCS
Good Shepherd Penn Partners

Jane Fedorczyk, PhD, PT, ATC, CHT
Drexel University

John Fenlin, MD
*Rothman Institute
Orthopaedics*

Ted Ganley, MD
*The Children's Hospital
of Philadelphia*

Charles Getz, MD
*Rothman Institute
Orthopaedics*

Joseph Gianoni, PT, DPT, OCS
*Phoenix Rehabilitation
Services*

G. Russell Huffman, MD
Penn Orthopaedic Institute

Joseph P. Iannotti, MD, PhD
The Cleveland Clinic

Christopher Kauffman, MSPT
Good Shepherd Penn Partners

Mark Lazarus, MD
*Rothman Institute
Orthopaedics*

Sean Loughlin, MSPT, OCS
Good Shepherd Penn Partners

Phil McClure, PhD, PT, OCS
Arcadia University

Joseph T. Molony, PT, MS, SCS, CSCS
*The Children's Hospital
of Philadelphia*

Marisa Pontillo, DPT, SCS
Good Shepherd Penn Partners

Brian J. Sennett, MD
Penn Sportsmedicine

Gayle K. Severance, OTR/L, CHT
Good Shepherd Penn Partners

Michael A. Shaffer, MSPT, OCS, ATC
*University of Iowa
Hospitals and Clinics*

Scott Sheridan, MSPT, ATC
Philadelphia Phillies

Lou Soslowsky, PhD
University of Pennsylvania

David R. Steinberg, MD
Penn Orthopaedic Institute

Angela R. Tate, PhD, PT,
*H/S Therapy Associates and
Arcadia University*

Laura Walsh, OTR/L, CHT
Good Shepherd Penn Partners

SHOULDER & ELBOW UPDATE 2008
EVALUATION, TREATMENT, AND REHABILITATION
November 14-16, 2008
Hyatt Regency Penn's Landing
201 South Columbus Boulevard
Philadelphia, Pennsylvania
Sponsored by:
Philadelphia Orthopaedic and Sports Rehab Foundation
Course Chairmen:
*Gerald R. Williams, Jr., MD
Matthew L. Ramsey, MD
David L. Glaser, MD
Martin J. Kelley, PT, DPT, OCS
Brian G. Leggin, PT, DPT, OCS*



Special Guest Speakers:

Joseph P. Iannotti, MD, PhD

John Basti, PT

Jane Fedorczyk, PT, PhD, CHT, ATC

Michael A. Shaffer, MS, PT, ATC

Course Chairmen:

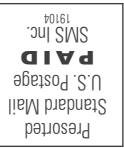
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Brian G. Leggin, PT, DPT, OCS



DAY 1
Friday, November 14th

Time	Topic/Speaker
6:30 am	Registration/Continental Breakfast
8:00 am	Welcome/Introductions Gerald R. Williams, Jr., MD Brian G. Leggin, PT, DPT, OCS
8:15 am	Anatomechanics Martin J. Kelley, PT, DPT, OCS
8:40 am	An Algorithm for Rehabilitation of the Shoulder Brian G. Leggin, PT, DPT, OCS
9:05 am	Pathophysiology and Examination of Rotator Cuff Disease David L. Glaser, MD
9:30 am	Non-operative Rehabilitation of Rotator Cuff Disease Martin J. Kelley, PT, DPT, OCS
9:50 am	Panel Discussion/Questions
10:05 am	Break/Exhibits
10:25 am	Non-operative Rehabilitation of Large and Massive Rotator Cuff Tears John Basti, PT
10:40 am	Current Perspectives on Open Rotator Cuff Repair John Fenlin, MD
10:55 am	Recent Advances in the Arthroscopic Management of Rotator Cuff Tears Gerald R. Williams, Jr., MD
11:15 am	Current Evidence Relating to Rotator Cuff Tendon Healing Lou Soslowsky, PhD
11:35 am	Rehabilitation following Rotator Cuff Repair Brian G. Leggin, PT, DPT, OCS
12:00	Panel Discussion/Questions
12:30 pm	Lunch Provided
1:30 pm	Diagnosis and Classification of Shoulder Instability Brian J. Sennett, MD
1:45 pm	Current Concepts in the Surgical Management of Shoulder Instability Matthew L. Ramsey, MD

2:00 pm	Diagnosis, Classification, and Surgical Management of SLAP Lesions Joseph Abboud, MD
2:20 pm	Rehabilitation of Shoulder Instability and SLAP Lesions Michael A. Shaffer, MS, PT, ATC
2:45 pm	Panel Discussion/Questions
3:10 pm	Break/Exhibits
3:30 - 5:30	Concurrent Workshops
Workshop 1:	Clinical Examination of the Shoulder Gerald R. Williams, Jr. MD Matthew L. Ramsey, MD David L. Glaser, MD Brian J. Sennett, MD John Fenlin, MD
Workshop 2:	Manual Techniques to Improve Range of Motion of the Shoulder Will Clark, PT, MSc Michael A. Shaffer, MS, PT, ATC
Workshop 3:	Cadaver Anatomy Specimens of the Shoulder and Elbow David Ebaugh, PhD, PT, OCS
Workshop 4:	Examination and Rehabilitation of the Overhead Athlete Scott Sheridan, MS, PT, ATC, CSCS Phil Donley, MS, PT, ATC Brian Cammarota, Med, ATC, CSCS
Workshop 5:	Examination and Interventions for Scapular Disorders Caused by Nerve Injury or Instability Martin J. Kelley, PT, DPT, OCS
Workshop 6:	Cervical vs. Shoulder/Elbow Pain: Examination and Rehabilitation Joseph Gianoni, DPT, MS, PT, OCS, ATC
Workshop 7:	Histopathology and management of work-related musculoskeletal disorders of the upper extremity Jane Fedorczyk, PT, MS, CHT, ATC
Workshop 8:	Case Study Presentations: Rehabilitation Following Rotator Cuff Repair Complicated by Stiffness or Weakness John Basti, PT Brian G. Leggin, PT, DPT, OCS

Registration Fee:

Postmarked/received on or before October 17th: \$525.00
Postmarked/received October 18th or later: \$575.00

Registration fees will be refunded in full if written cancellation notice is received prior to October 17, 2008. A \$35.00 handling fee will be assessed for cancellations postmarked between October 18th and November 7th. No refunds will be awarded after November 8th.

DAY 2
Saturday, November 15th

7:00 am	Continental Breakfast/Exhibits
Shoulder Arthroplasty and Proximal Humerus Fracture Symposium	
8:00 am	Pathology and Diagnosis of Shoulder Arthritis Charles Getz, MD
8:25 am	Primary Shoulder Arthroplasty Gerald R. Williams, Jr., MD
8:50 am	Recent Advances in Minimally Invasive Shoulder Arthroplasty: Hemicap, Resurfacing Arthroplasty, Short Stem Humeral Component Joseph P. Iannotti, MD, PhD
9:15 am	Rehabilitation Following Shoulder Arthroplasty John Basti, PT
9:45 am	Panel Discussion/Questions
10:10 am	Break/Exhibits
10:30 am	Reverse Shoulder Arthroplasty Joseph P. Iannotti, MD, PhD
10:50 am	Rehabilitation following Reverse Arthroplasty Brian G. Leggin, PT, DPT, OCS
11:10 am	Diagnosis and Classification of Proximal Humerus Fractures Mark Lazarus, MD
11:30 am	Rehabilitation following Non-Operative Treatment of Proximal Humerus Fractures Brian G. Leggin, PT, DPT, OCS
11:45 am	Surgical Management of Tuberosity Fractures G. Russell Huffman, MD
12:00 noon	Panel Discussion/Questions
12:30 pm	Lunch Provided
1:30 pm	Surgical Management of 3 and 4 part Proximal Humerus Fractures David L. Glaser, MD
1:50 pm	Rehabilitation following Surgical Management of Proximal Humerus Fractures John Basti, PT

2:10 pm	Diagnosis and Management of the Stiff and Painful Shoulder Joseph Abboud, MD
2:30 pm	Rehabilitation of the Stiff and Painful Shoulder Martin J. Kelley, PT, DPT, OCS
2:50 pm	Panel Discussion/Questions
3:15 pm	Break/Exhibits
3:45-5:45	Concurrent Workshops
Workshop 1:	Evaluation and Management of Scapular Dysfunction Phil McClure, PhD, PT, OCS Angela Tate, PhD, PT, OCS
Workshop 2:	Clinical Examination of the Elbow Matthew Ramsey, MD Laura Walsh, OTR/L, CHT Gayle Severance, OTR/L, CHT
Workshop 3:	Total Shoulder and Reverse Shoulder Arthroplasty Technique Videos Joseph P. Iannotti, MD, PhD Gerald R. Williams, Jr., MD
Workshop 4:	Manual Techniques to Improve Shoulder Strength Martin J. Kelley, PT, DPT, OCS Will Clark, PT, MSc
Workshop 5:	Rehabilitation Considerations of Adolescent Shoulder Ted Ganley, MD Joseph Molony, PT, MS, SCS, CSCS
Workshop 6:	Dynamic and Core Stabilization to Enhance Upper Extremity Function Michael A. Shaffer, MS, PT, ATC
Workshop 7:	Management of Nerve Injuries of the Upper Extremity David Steinberg, MD Timothy Bayruns, PT, DPT, OCS
Workshop 8:	Case Study Presentations: Rehabilitation of Complicated Arthroplasty and Proximal Humerus Fracture Patients John Basti, PT Brian G. Leggin, PT, DPT, OCS

Accreditation Information

All participants will receive a certificate for 20 contact hours or 2.0 continuing education units (CEU's). Please check the website for accreditation approvals.

www.eliterehabsolutions.com

DAY 3
Sunday, November 16th

7:00 am	Continental Breakfast/Exhibits
8:00 am	Elbow Anatomy and Biomechanics G. Russell Huffman, MD
8:20 am	Pathogenesis, Diagnosis and Treatment of Epicondylitis David J. Bozentka, MD
8:40 am	Rehabilitation of Epicondylitis Jane Fedorczyk, PT, MS, CHT, ATC
9:00 am	Ulnar Collateral Ligament Injuries: Diagnosis and Surgical Management Brian J. Sennett, MD
9:20 am	Rehabilitation Following Ulnar Collateral Ligament Injuries Michael A. Shaffer, MS, PT, ATC
9:40 am	Distal Biceps Ruptures: Diagnosis and Surgical Management Pedro Beredjiklian, MD
10:00 am	Rehabilitation Following Distal Biceps Repair Gayle Severance, OTR/L, CHT
10:20 am	Panel Discussion/Questions
10:40 am	Break
11:00 am	Fractures about the Elbow: Indications for Surgery and Goals of Surgical Management Matthew L. Ramsey, MD
11:20 am	Rehabilitation Principles Following Elbow Fracture Laura Walsh, OTR/L, CHT
11:40 am	Pathogenesis and Surgical Management of the Stiff Elbow Pedro Beredjiklian, MD
12:00 noon	Rehabilitation of the Stiff Elbow Jane Fedorczyk, PT, MS, CHT, ATC
12:20 pm	Pathogenesis, Diagnosis, and Management of Elbow Arthritis Matthew L. Ramsey, MD
12:40 pm	Rehabilitation following Total Elbow Arthroplasty Laura Walsh, OTR/L, CHT
1:00 pm	Panel Discussion/Questions
1:30 pm	Adjourn

Registration Form

Name: _____

Home Address: _____

City/State/Zip: _____

Employer: _____

Work Address: _____

City/State/Zip: _____

Daytime Telephone: _____

Fax: _____

Email: _____

Confirmation will be sent by email unless you would rather have mail confirmation to ☐ Home ☐ Work

Medical Specialty: ☐ PT/PTA ☐ OT/COTA ☐ CHT ☐ ATC ☐ Physician ☐ Other: _____

Years of experience: ☐ 0-5 years ☐ 6-10 years ☐ 11- 15 years ☐ 16- 20 years ☐ > 20 years

Please check your primary employment setting: ☐ Acute care hospital ☐ Inpatient rehab/SNF ☐ Health system or hospital based outpatient ☐ Private outpatient or group practice ☐ Home Care ☐ Other (List): _____

Workshops: Please indicate your first, second, and third choices in order of preference each day. Space is limited and will be assigned in order of receipt of paid registration only.

	1st Choice	2nd Choice	3rd Choice
Day 1			
Day 2			

Register online at: www.eliterehabsolutions.com or Mail payment to:

Shoulder and Elbow Update 2008
Elite Rehabilitation Solutions
2820 Audubon Village Drive
Suite 330
Audubon, PA 19403

Make checks payable to Philadelphia Orthopedic and Sports Rehab Foundation

For more information call: (484) 685-3123 or email info@eliterehabsolutions.com